

Frequently Asked Questions

What is the HEALTHY TUTOR learning solution?

- The HEALTHY TUTOR learning solution is an advanced, feedback based multi-media education solution for a wide range of acute care, chronic disease, and wellness management initiatives.
- The easy to use internet based design systematically enhances patient and beneficiary understanding of key health concepts in concert with health manager oversight.

What advantages does HEALTHY TUTOR offer the health manager?

- Automatically measures and documents beneficiary and patient member understanding of targeted healthcare management topics.
- Provides the tools necessary to determine the efficacy of member self-management efforts.
- Presents detailed knowledge performance data to guide further decision-making regarding educational needs.
- Ensures high member compliance through an easy to use, web-based referral directed process.
- Enhances return to work efforts and enterprise programs to curb absenteeism and presenteeism.
- Determines the effectiveness of previous educational efforts then re-educates automatically!
- Provides detailed data outcome reporting to guides managers in the best use of costly health management resources.
- Facilitates care plan involvement and improved treatment outcomes through an easy to use, feedback based education series.
- Generates electronic and hardcopy patient performance data reports indicating level of knowledge.
- Enhances Pay 4 Performance initiatives and provides outcomes-based evidence for NCQA, JCAHO, ARRA Meaningful Use, and home health care licensure requirements.
- No additional hardware or software is needed! Browsers should be updated to current versions.

How does the HEALTHY TUTOR learning solution work?

Healthy Tutor utilizes advanced internet-based technologies, clinician-designed knowledge assessments, and proprietary software to provide deep learning with 5 levels of subject matter repetition.

- 1) The desired HEALTHY TUTOR session is selected by the health manager and a randomized secure passcode is assigned for one-time use.
- 2) The beneficiary or patient member registers on www.HealthyTutor.com, our easy to use web site. Any broadband connected PC can be used from anywhere...home, work, or clinic by following the easy to use and self-explanatory on-screen guide.
- 3) Upon completion of the educational session, a Performance Summary of the HEALTHY TUTOR session is provided for both member and health manager to view, and save or print. The Performance Summary includes detail of the learning assessment and change in knowledge for the member's electronic or hardcopy local health record.
- 4) The health manager tracks progress of completion, then reviews the Performance Summary and discusses important parameters of topic learning with the patient. Performance on knowledge assessments, rationales of incorrectly answered items, overall progress of knowledge and compliance to the treatment regimen are well documented.

How is the effectiveness of the HEALTHY TUTOR learning solution determined?

- The patent-pending 2-Stage performance analysis process measures then documents learned and retained knowledge....completely over the internet! Learning outcomes are presented on Performance Summaries to the member for self assessment and also to the health manager for assessments of knowledge, compliance, and most importantly, self-management efficacy.
- All content is clinician designed and presented at the 6th grade level to efficiently target the member's specific medical condition or wellness needs. URAC accredited content encourages understanding, healthy behavior, and long-term compliance.
- Rich database reporting provides automated and easily accessed detail on each member.
- Together, the member and health manager review the Performance Summary and discuss weak points of critical health management topics in order to improve compliance and outcomes.

What is required to implement the HEALTHY TUTOR learning solution in a clinic?

The New Millennia Health team ensures a seamless integration of the solution in order to foster fulfillment of the benefits of the HEALTHY TUTOR learning solution for both member and health manager.

- No special hardware or software is required. Any personal computer connected to the internet will work with Healthy Tutor. Broadband access is required, and browsers should be updated to the most current version. Need help?...just ask us!
- Just seconds is required to create a Healthy Tutor referral for an entire 30 minute single learning event session or an entire scheduled learning series. No clinical experience is necessary!
- Once completed by the member, the health manager may review of the printed knowledge assessment results with the member. This effort should be face-to-face with a licensed provider in order to bill insurance for the HEALTHY TUTOR learning session (ask for details).
- Tutorial sessions are maximized for touchscreen PCs in clinics and practitioner offices. These units may be mounted to existing office furniture, or mobile carts that can be moved throughout exam rooms. Our nationwide team of installation professionals can provide wireless or wired access to existing broadband in your facility. As us about the advantages for your office!

Can a beneficiary, patient or employee use HEALTHY TUTOR from home?

- Yes. The HEALTHY TUTOR learning solution is fully accessible over the public internet. Any PC based device with broadband capability can host the innovative educational programming. Easy on screen instructions ensure quick registration.
- A printer is required to create informative hardcopies of session content and the single page Performance Summary of member results for the provider.

What educational sessions are available?

More than 600 total tutorials are available from 50 categories of health management that cover a wide range of disease, prevention, wellness, and surgical procedure topics. More are added quarterly. For a list of titles by disease process or specialty, please ask your New Millennia Health representative.

Are member handouts of the multi-media video sessions available?

Yes, high quality printable patient outlines that follow our multi-media video education programs are available for printing by the member or provider on local or network printers. High quality pre-printed material is also available to providers and corporate wellness programs for group distribution. Please contact your New Millennia Health representative for more details about this valuable resource.

Are educational sessions available in other languages?

Yes. Many Healthy Tutor sessions are available in Spanish. Other languages may be available.

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